

ReRun 5K *Reduce • Reuse • Recycle*



Wednesday, April 24

6:30am - 7:30am

Meet in Hyatt Regency lobby at 6:15am

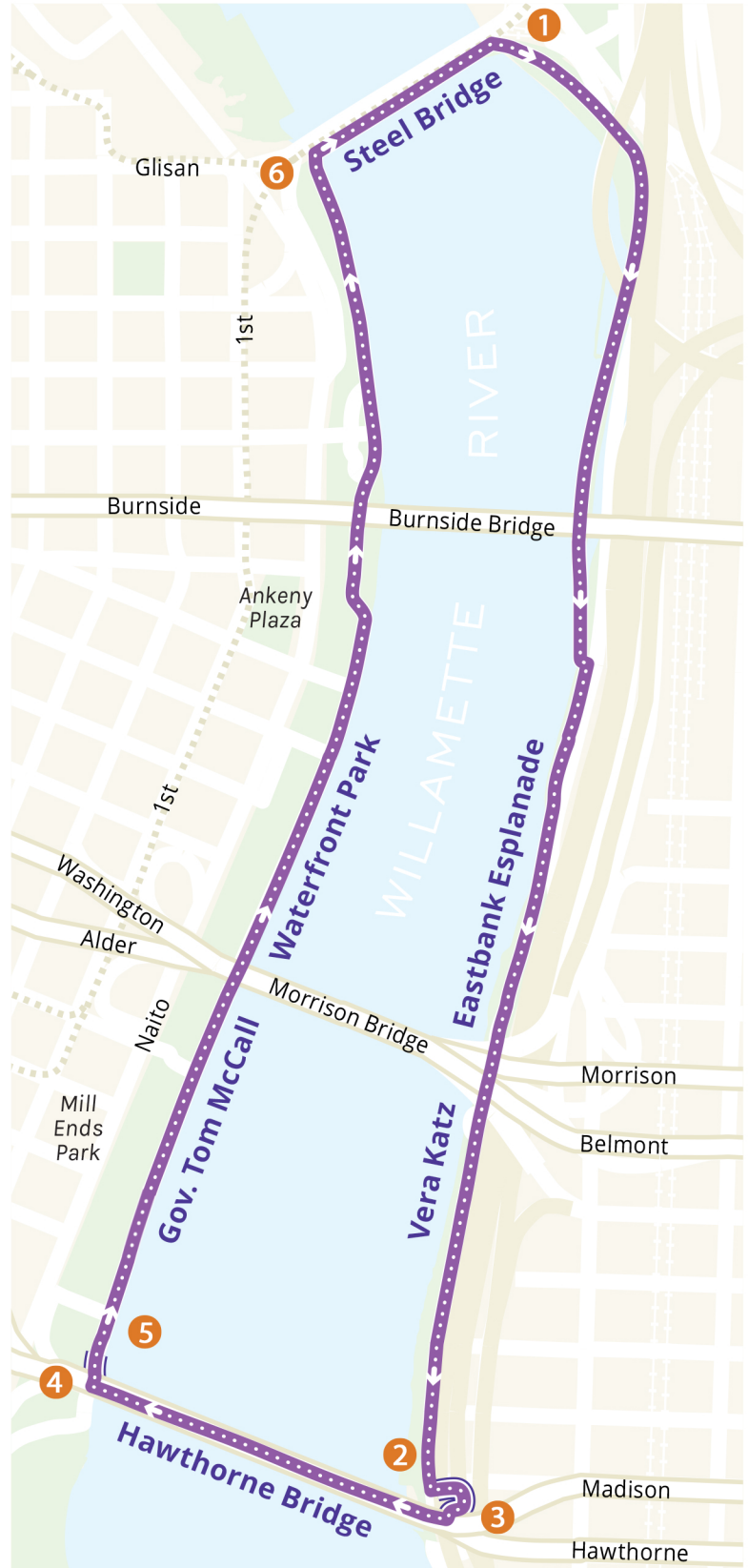
Start your day with the team from Eugene, Cascades & Coast Sports Commission on an invigorating 5K run/walk led by Ben Blankenship, an esteemed American middle-distance runner, world record holder, former Olympian and founder of the Endless Mileage Project and Recovered Running. Commemorative shirt included for first 25 who register, and funds will support the Sports Legacy Fund beneficiary, SHE FLIES.

Bring donations of gently used running clothes, shoes and gear for Recovered Running to redistribute to youth athletes in need.

This classic downtown route along the Willamette River offers views of the city's bridges and downtown skyline. Highlights include Tom McCall Waterfront Park, the Steel and Hawthorne bridges — two of the city's oldest — and the Eastbank Esplanade, including a floating walkway.

- 1 Starts on Eastside Esplanade to Hawthorne Bridge
- 2 Left at first, northern-most ramp leading to Hawthorne Bridge (do not cross under bridge)
- 3 Right at top of ramp, continuing west across Hawthorne Bridge
- 4 Stay right at west end of Hawthorne Bridge where walkway splits following ramp to street level and Tom McCall Waterfront Park
- 5 Continue north at bottom of ramp to Steel Bridge
- 6 Right on lower deck of Steel Bridge to Eastside Esplanade

2.6 miles; mostly flat with short ramps to floating walkway and Hawthorne Bridge



Presented by the Eugene, Cascades & Coast Sports Commission
Proud Sustainability Sponsor of the 2024 Sports ETA Symposium